



Counsellor

Person Specification

Key: 'E' = essential; 'D' = desirable

Qualifications

1. A Qualification in Counselling or Psychotherapy at Diploma level or above (E)
2. BACP/UKCP/NCS/BABCP or equivalent accreditation or working towards accreditation (D)

Experience

3. Minimum of 2 years' post-qualifying counselling practice (E)
4. Experience of managing clinical risk (E)
5. Experience of managing a range of counselling contracts including short- and longer-term (E)
6. Experience of working with clients who have experienced multiple traumas (E)
7. Experience of working within specialist women's sexual violence or violence against women and girls services on a paid or unpaid basis (D)
8. Experience of and/or ability to work with clients who present with a complex range of needs, such as ongoing domestic abuse, substance use, anger issues, history of offending (D)
9. Experience of working with women currently involved with the Criminal Justice system (D)
10. Experience of working with women who have a history of criminal offending and/or anti-social behaviour (D)
11. Experience of working with interpreters (D)
12. Experience of delivering group work (D)

Knowledge

13. Up-to-date knowledge and understanding of trauma theory and impact of trauma, including developmental trauma (E)

14. Knowledge of child and vulnerable adult protection issues and legislation (E)
15. Understanding of and commitment to equity, inclusion, anti-racism and anti-discriminatory practice (E)
16. Knowledge and understanding of additional barriers to accessing services that people from marginalised and minoritised groups can face (E)
17. Knowledge and understanding of different kinds of sexual violence and abuse and the impacts they can have (E)
18. Understanding of BACP Ethical Framework for the Counselling Professions and data protection regulations (E)

Skills & Attributes

16. Excellent communications and interpersonal skills (E)
17. Ability to manage own caseload (E)
18. Ability to maintain clear boundaries and confidential working practices (E)
19. Enthusiasm for working effectively as part of a diverse team, including volunteers and paid workers (E)
20. Excellent organisational skills and time-keeping (E)
21. Proficiency in use of Information & Communications Technology (ICT), including monitoring databases (E)
22. Commitment to the vision, mission, aims and values of SARSVL (E)
23. Commitment to a feminist understanding of sexual violence and abuse (E)
24. Willingness to take up relevant training and development opportunities (E)